

## IEP PLANNING SHEET FOR PARENTS

Dear Parents/Guardians,

This is a planning sheet to prepare for your son or daughter's upcoming IEP meeting. It is helpful to participate in some brainstorming as a family before the meeting. Listed below are some areas to discuss. Please complete this sheet and return it prior to the meeting. As case manager, I appreciate and welcome all input in the IEP process. I thank you for your planning and interest in your child's individualized program.

Child's Name: \_\_\_\_\_ Grade: \_\_\_\_ School: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Email: \_\_\_\_\_

Phone #s: \_\_\_\_\_ Date: \_\_\_\_\_

1. What is your long-term dream/vision for your son or daughter? What do you really want for his/her life? What will be most important for him/her?
  
2. What are your son/daughter's strengths, interests, stretches, and dislikes?

Strengths (things he/she is good at)	Stretches (areas of need, challenge or safety)
Interests (current areas of interest)	Dislikes (things he/she doesn't like)

3. In what ways does your child help at home? Are there any chores he does on a routine basis? How independent is he/she with these chores?
  
4. Describe your child's level of independence with self-help skills. (i.e. dressing/undressing, personal hygiene, toileting, eating...)
  
5. Under what conditions does your child learn best? (*What situations, settings, and/or strategies are most effective?*)
  
6. What are your main hopes for your child this year?
  
7. What specific skills would you hope your child to learn this year?
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_
  
8. Is there other information that would help us gain a better understanding of your child? Does your child have any particular fears and/or anxiety? Are there any other concerns? If so, please describe.

Thank you for contributing valuable parental insights. I look forward to collaborating with you throughout the school year.

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Resource Teacher / Case Manager